**STANDARD OPERATING PROCEDURE**

**FORM 1B: Focus Group Discussion Guide: Mothers of children <2 years, fathers, and other family members**

**Instructions for the moderator:**

Please read the Facilitator guide for FGD and follow the instructions given. Welcome each participant and make them feel comfortable and at ease. Show interest in their lives and what is happening in their environment. These efforts will improve quality and enrich the information collected.

At the outset, explain to the participants that their identity will not be disclosed and they can express their opinion freely. Encourage all members to participate actively, ensure them that in an FGD there is no correct or incorrect answer, it is the opinion of an individual in the group. If others do not agree, they should feel free to contradict and express their opinion.

Remember that the moderator should speak the least. Encourage all participants to speak. Be alert to encourage the shy participants to speak enough.

Do not ask leading questions.

The specific details are explained in the guide

# Theme 1: Socio-demographic and interview information

|  |  |
| --- | --- |
| 1.1 FGD ID:  1.2 FGD date:  1.3 FGD start time:  1.4 FGD end time: | 1.5 Interviewer Code:  1.6 Notetaker Code:  1.7 Translator Code:  1.8 Tape Recording Number:  1.9 Community: |
|  |  |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Respondent number** | **Age** | **PHC/Village/SC** | **Education** | **Religion** | **Caste** | **Occupation** | **Years**  **Of residence in the area** | **No. of children in HH <2year** |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

# Theme 2: Newborn care practices

1. Where are babies born in their areas, home or facilities?

* Which are the common delivery facilities?
* After delivery usually when are the mother and baby discharged? Does the time of discharge vary with any associated condition of the mother or the newborn? [probe for preterm and LBW births]
* Do families comply with the discharge advice? Why?

1. What are the usual immediate and subsequent new born care practices in facilities and at home? Why are these practices followed?
2. Does anyone come home after the mother and baby are discharged from the facility? Who comes, when (how long after delivery or how long after discharge from facility, how frequently and what do they do during the visit?
3. How are the women in labour taken to facilities? At the time of discharge, how do they come home (probe for ambulance, availability, services, other modes of transportation, payment if any)
4. When a baby is born what are the common activities and practices that take place in terms of feeding, warmth, bathing, other care? **Probe:** facility births and home births
5. Does anyone support the mother in caring for the newborn?
6. What is done when a baby is ill? Who takes decision to seek care?

* How is the baby taken to the place of treatment?
* Where are the babies usually taken?

1. What are the weighing practices at birth (at facility and home)?
2. How is a baby requiring special care referred to a facility? (ambulance and ASHA support)

# Theme 3: Perceptions of small and babies born early

1. Which is the ideal gestation period for the baby to be born? What happens if the baby is born earlier?
2. What is the ideal weight of the baby at birth? What happens if the baby is born smaller?
3. Is anything special done for babies that are born early or small? **Probe:** Bathing, feeding, massage thermal care, skin care, care seeking, any medicines given
4. Who makes decisions about what is done for small or early born babies at home?

**Theme 5: Reaction to KMC (show photographs if they haven’t heard)**

1. What do you think is happening in this picture? What is the first thing that comes to mind when you see the picture?
2. Have any of you heard or seen this practice before? Where? What did you hear?
3. The woman in the picture has had an early baby and is in hospital after delivery, she is placing the baby directly skin to skin all day and night to keep them warm and breastfeeding exclusively. How would you feel if you/wife/daughter was asked to do this?
4. Do you think people in the community would approve or disapprove of this practice?
5. What concerns would they have about this practice? **Probe:** For mother, baby and for the household in general
6. Can fathers, grandmothers or friends and relatives help with this practice? How?
7. We want to give this practice a name that people will easily understand, what would you call this? What about ‘LOCAL TERM?’.

**Theme 6: Influencers and delivery channels**

1. Who do people trust most to give advice about newborn care?
2. Where do you get information about health? Which source of advice do you trust most and why?
3. If we wanted to convince people to adopt a new behavior what would be the most effective way of spreading the message?

# Theme 7: Aspirations for babies

1. What is your aspirations and hopes around your child? (healthy, academic achievements, do well in life, etc.)