

Rapid Assessment of counselling skills for Care of LBW including KMC for counsellors

Assessment Plan

Station	Details	Marks	Observed /Not Observed
1.	Counselling a Mother / Care Taker on KMC Position and Why	8	Observed
2.	Counselling of a Mother on maintenance – barriers of KMC and discharge.	8	Observed
3.	Rest		Observed
4.	Counselling on breast feeding	8	
5.	Perform steps of hand hygiene, check Temperature of a New-born and swaddle the baby	8	Observed
6.	Counselling on danger signs	8	Observed
	Total	40	

General instructions to be given by one facilitator to all the participants

- Each one will go through 5 stations and 1 rest station.
- In the station you will be expected to perform some activity. Complete the task within time given.
- The duration of each station will be 10 minutes.
- None of the facilitators will give any comments or assistance.
- A bell will ring, each one go to the assigned station based on participant number.
- Do not face the station first.
- When the bell rings again, each participant can turn and read participant instructions. Complete the task given.
- If you complete the task before time given, sit in the chair and wait.
- When the bell rings again, you must switch to the next station.
- All participants will go through all the stations.
- The rapid exercise will take approximately 60 minutes.
- No one will be allowed to go out of the room during the rapid exercise.

OSCE Station 1

Counselling a Mother / Care Taker on

KMC Position and Why

Ms Asha has a 1800gm baby that is stable. You have to counsel her to start KMC.

Demonstrate how you would counsel her on providing KMC

OSCE Station 2

Counselling of a Mother on maintenance – barriers of KMC, discharge.

A 34 weeks 1900 grams female baby is born in your facility by normal delivery.

The mother is confident in giving KMC and the baby is stable and ready for discharge. Counsel the mother on KMC maintenance – barriers; discharge.

10	Advises mother not to apply anything on the umbilical stump. Keep the napkin below the umbilical stump	0.5															
11	Discusses about practices which prevents infection.	0.5															
12	Body posture/tone of voice/eye to contact/asks for any doubts and clarifies	0.5 x4 = 2.0															
13	Reinforces information by asking mother or she summarises main points	1.0															
	TOTAL	8.0															

OSCE Station 3-Rest

OSCE Station 4

Ms.Rekha is a 18 year old primi, 37 weeks of pregnancy admitted in the ward due rupture of membrane. Planning to induce labour.She is not aware about breast feeding.

Counsel Rekha on breast feeding

OSCE Station 5

Perform steps of hand hygiene, check Temperature of a New-born and swaddle the baby.

Demonstrate steps of hand hygiene check Temperature of a New-born and swaddle the baby.

OSCE Station 6

Danger signs counselling

Ms. Anu's 1500 grams baby was admitted in SNCU for respiratory problem treatment. Now the baby is doing well and ready for discharge.

Counsel the mother regarding danger signs in newborn.

