**4C (i) . Observation Checklist for Kangaroo Mother Care Promotion Activities at SBCC Sessions**

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| **Name & Date of meeting** | | | | |  | |
| **Venue of meeting** | | | | |  | |
| **Start Time** |  | **End Time** |  | | **Total Duration (hrs)** |  |
| **What was the theme of the SBCC session** | | | | |  | |
|  | | | | | **Response** | |
| Was session conducted at the scheduled date | | | | |  | |
| No. of participants who attended the session   * Medical officer of the PHC * ASHA * ANM * AWW * Pregnant Women * Recently delivered mothers * Grandmothers * Key community stakeholders (Panchayat members, village leaders, school teachers etc) | | | | |  | |
| No. of woman who attended meeting for the first time | | | | |  | |
| Was Kangaroo Mother Care discussed? | | | | |  | |
| Who mainly discussed about KMC? | | | | |  | |
| Was the session interactive? | | | | |  | |
| Were there any demonstration of KMC or use of a mannequin | | | | |  | |
| What were the main points about KMC that were discussed   * Benefits of KMC * Effective thermal control * Increased breastfeeding rates * Early discharge * Less morbidities such as apnoea and infection * Less stress * Better infant bonding * Components of KMC * Skin to Skin Contact * Breastfeeding * SSC Time of initiation * Technique of Skin to Skin contact * Duration of SSC at a stretch, duration of SSC per day * Technique of appropriate breastfeeding * Breast feeding benefits * No prelacteal feed & early initiation of breast feeding * Duration, Frequency of breast feeding * Exclusive Breast Feeding * Diet of Mother * Need for family support * Sanitation Hygiene Practices * Danger signs of neonatal illnesses * Referral System (When & How) * Essential new born care * Cord Care * Immunization * Keeping baby warmth | | | | |  | |
| Were any IEC material used during the session | | | | |  | |
| What were the IEC materials used, please specify | | | |  | | |

1. Was any positive experience related to KMC shared by any mother (Summary)
2. What were the main queries about KMC that were asked by the audience
3. Were the queries adequately addressed
4. Were the mothers and community members made aware of the next date of meeting