**FORM 1B: Focus Group Discussion Guide: Community members (Mothers of children <2 years, fathers, grandmothers)**

# Socio-demographic and interview information

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **#** | **Item** | **Options** | **Response** |  |
|  | **Identification** |  |  |  |
| **A** | Region | 1. Tigray |  |  |
|  |  | 2. Amhara | | \_\_\_ | |  |
|  |  | 3. Oromia |  |  |
|  |  | 4. SNNP |  |  |
| **B** | Zone Code |  | | \_\_\_ |\_\_\_| |  |
| **C** | Woreda Code |  | | \_\_\_ |\_\_\_|\_\_\_| |  |
| **D** | Kebele Code |  | | \_\_\_ \_\_\_|\_\_\_|\_\_\_| |  |
| **E** | Household Number |  | | \_\_\_ |\_\_\_|\_\_\_| |  |
| **F** | Place FGD was conducted | 1. Health Facility |  |  |
|  |  | 2. Health Post |  |  |
|  |  | 3. Home | | \_\_\_ | |  |
|  |  | 4. Community |  |  |
|  |  | 5. Other (Specify) | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |
|  | **Background Characteristics** | **FGD Participants** |  |  |
|  |  | **P1 P2 P3 P4 P5 P6 P7 P8** | | |
| **008a** | Respondent gender. | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ || \_\_\_ | | \_\_\_ | | \_\_\_ | | | |
|  | ***1. Female*** |  |  |  |
|  | ***2. Male*** |  |  |  |
| **008** | How old were you at your last birthday? | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ || \_\_\_ | | \_\_\_ | | \_\_\_ | | | |
|  | ***Record age in complete years*** |  |  |  |
| **009** | What is your current marital status? | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ || \_\_\_ | | \_\_\_ | | \_\_\_ | | | |
|  | ***1. Married*** |  |  |  |
|  | ***2. Formerly Married (divorced, widowed, separated)*** |  |  |  |
|  | ***3. Never Married*** |  |  |  |
| **010** | Have you ever attended school? | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ || \_\_\_ | | \_\_\_ | | \_\_\_ | | | |
|  | ***1. Yes*** |  |  |  |
|  | ***0. No*** |  |  |  |
| **011** | What is the highest level of school you attended? | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ || \_\_\_ | | \_\_\_ | | \_\_\_ | | | |
|  | ***\_\_\_\_\_\_ years*** |  |  |  |
|  | ***13. Technical/vocational certificate*** |  |  |  |
|  | ***14. University/college diploma*** |  |  |  |
|  | ***15. University/college BSC***  ***If completed less than one year at that level record '00'.*** |  |  |  |
| **012** | What is your occupation? | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ || \_\_\_ | | \_\_\_ | | \_\_\_ | | | |
|  | ***1. Professional/technical/ managerial*** |  |  |  |
|  | ***2. Clerical***  ***3. Sales and services***  ***4. Skilled manual***  ***5. Unskilled manual***  ***6. Agriculture***  ***7. Other (Specify)*** |  |  |  |
| **013** | How many children do you have? | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ | | \_\_\_ || \_\_\_ | | \_\_\_ | | \_\_\_ | | | |
| **014** | Interviewer code: |  | **| \_\_ \_\_ |\_\_ \_\_|** |  |
| **015** | Note taker code: |  | | \_\_ \_\_ |\_\_ \_\_| |  |
| **016** | Translator code: |  | | \_\_\_ |\_\_\_|\_\_\_| |  |
| **017** | Tape recorder code: |  | | \_\_\_ |\_\_\_|\_\_\_| |  |
| **018** | Record the time discussion started | Hours|Minutes | | \_\_ \_\_ |\_\_ \_\_| |  |
| **019** | Record the time discussion completed | Hours|Minutes | | \_\_ \_\_ |\_\_ \_\_| |  |
| **020** | Record Date of Interview | DD/MM/YY | | \_\_\_ |\_\_\_|\_\_\_| |  |

# Theme 1: Aspirations for babies

1. What are the main things a newborn needs to stay healthy and well?
2. What are the signs that a newborn is healthy and doing well?
3. What are the signs that a newborn is sick and not doing well?
4. What newborn problems do people most fear?

# Theme 2: Newborn care practices (mothers and grandmothers only)

1. When a baby is born what are the common activities and practices that take place in terms of feeding, bathing, other care? **Probe:** facility births and home births
2. Breastfeeding practice: how long after birth did newborns get breast milk? What did mothers do with the first milk? What did you mainly give to the child, other than breast milk? Pre-lacteal feed?
3. What is usually done to prevent newborns from becoming cold?
4. What problems can happen if a newborn gets cold?
5. When a baby is seriously ill and is admitted to hospital, what usually happens in the household? Does anyone support the mother or family?

# Theme 3: Perceptions of small and early babies

1. What do you know about small baby or early baby? Do you know at what weight a baby would be considered small?
2. How would families feel if a mother delivered in the 7th month of pregnancy? What about in the 8th month?
3. In your community were there newborns born in the 7th or 8th month of pregnancy? If yes, what was done to these babies? How are these babies doing now?
4. How would families feel if the baby was born on time but was very small?
5. What problems can early (premature) babies have? What about **small** babies?
6. Is anything special done for babies that are born early? What about for small babies? **Probe:** Bathing, feeding, thermal care, skin care, provision of medicines?
7. Who makes decisions about what is done for small or early babies at the facility, what about at home?

**Theme 5: Reaction to KMC**

1. What do you think is happening in this picture? What is the first thing that comes to mind when you see the picture?
2. Have any of you heard or seen this practice before? Where? What did you hear?
3. The woman in the picture has had an early baby and is in hospital after delivery, she is keeping the baby skin-to-skin all day and night to keep them warm and help breastfeeding. How would you feel if you/wife/daughter was asked to do this?
4. Do you think people in the community would approve or disapprove of this practice?
5. What concerns would they have about this practice? **Probe:** For mother, baby and for the household in general.
6. If people would disapprove the practice what do you think should be done to help them accept the practice?
7. How could fathers, grandmothers or friends and relatives help with this practice?
8. We want to give this practice a name that people will easily understand, what would you call this? What about ‘LOCAL TERM?’
9. On average, how many times in 24 hours do mothers in your community breastfeed their newborns (0-28 days old)? Those who feed their babies less frequently why would they do that?
10. The woman in the picture needs to feed the small baby 10 – 12 times per 24 hours (day and night) through a tube that is inserted in the baby’s nose or by cup until he is able to feed from the breast. How would you feel if you/wife/daughter was asked to do this?

**Theme 6: Influencers and delivery channels**

1. Who in the household decides how newborns are cared for?
2. Who is involved in actually caring for the newborn?
3. Who do people trust most to give advice about newborn care?
4. Where do you get information about health? Which source of advice do you trust most and why?
5. If we wanted to convince people to adopt a new behavior what would be the most effective way of spreading the message?

**Theme 7: Site specific questions on identification and referral of LBW**

1. How would you hear if there are newborns born in your community? Who notify and for whom? How long after birth would you know that a mother in your community has given birth to a child? Are there situations where you may not know if a mother in your community has a baby?
2. How would you know when there are babies born small or early in your community? Are there situations where you may not know if a mother in your community has a small baby or baby born early?
3. If the birth happened at home or outside health facilities how would health workers know that the birth happened? Would the members of the household/family notify the birth to health workers? To whom?
4. In situation where a mother and/or baby need to go to a health facility how would she go to the nearby health facility? alone? with her baby? What are the available mechanisms? What are the challenges with reaching a health facility?