**FORM 1A. Interviews with recent mothers of babies born small or early: Newborn care narrative**

# Theme 1: Socio-demographic and interview information

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| * 1. ID:   2. Interview date:   3. Interview start time:   4. Interview end time:   5. Place of residence:   6. Marital status:   7. Ethnicity/caste:   8. Religion:   9. Education:   10. Main occupation: | * 1. Mother’s age:   2. Total number of children delivered:   3. Household structure   4. Place of delivery:   5. Sex of baby:   6. Age of baby:   7. Birth weight:   8. Gestational age:   9. Interviewer code:   10. Tape recording number: |

**Theme 2: Delivery practices**

1. Where did you deliver? Reasons. If in facility, how did you reach (probe about ambulance, role of ASHA / ANMs)?

**Theme 3: Perception and care of preterm babies**

1. At which month of pregnancy did you deliver your baby?

**If early**

* How do you feel about the baby being born at this time? Did you have any concern?
* Was your baby cared for in any special way in the period immediately after birth and till date [**Probe** for warmth, massage, feeding].
* Who decided on this care?

**Theme 4: Perception and care of low birth weight babies**

1. Was your baby weighed after delivery? Were you told the weight?

**If LBW:**

* How did you feel about the weight of the baby? Did you have any concerns?
* Was your baby cared for in any special way in the period immediately after birth and till date [Probe for warmth, massage, feeding].
* Who decided on this care?

**Theme 5: care of newborn**

1. Tell me more about how your baby was cared for (hospital and home)

* When was the baby first given breastmilk? Any reason for that time?
* Did you feed colostrum? Why/why not?
* Did you give anything other than breast milk? What and why? (Ghutti, water, top milk, butter etc.)
* How many times in the day and night do you breast feed the baby? Each time, how long do you feed?
* Did you face any problem in breast feeding? What were these? What did you do?
* Were you given any breastfeeding support or advice? If yes, Where and by whom?
* How was the baby kept warm? Probe: in the facility and at home?
* Who decided on this care?
* What happened to you and the baby in the first few days of life? Where were you? What was the place like? Where was the baby kept? Was there anyone around to help you?
* Tell me more about care **Probe:** visitors, rest, activities allowed and restricted, toilet practices,
* How did you spend your time during these first days?

**Theme 6: Health facility experience**

1. If delivered at the facility:

* What did you think of the health providers in the facility in terms of attitude towards you and your baby?
* How long did you stay in the facility? Were you discharged on your wish; what was advised at the facility?

**Theme 7: Post natal visits**

1. Did any health worker visit in the first days or weeks after delivery?

* Who visited, when, how many times?
* What did they do during the visits?

**Theme 8: Knowledge and practice of KMC**

1. At the facility or at home did anyone advise you to keep the baby skin to skin?

**If yes:**

* Who? When?
* What did they tell you about the practice? **Probe:** Length of time to do it, how to do it?
* What was your initial reaction?
* Were you shown how to do it? By whom?
* What did your family members/mother/mother-in-law, husband think about the practice? Were they supportive?

1. Have you kept your baby skin to skin at any point since birth?

**If yes:**

* Please give details of how you did this?
* What was your overall experience? Good, Not sure, Bad.
* What did you like about the practice? What did you not like?
* Were there any challenges?
* Do you think your baby liked being in this position?
* How long after birth did you begin? Why at that time?
* How long did you provide skin to skin every day and for how long?
* What stopped you doing this for longer periods of time
* Were you supported by the health staff or CHW to provide this?
* Were you given any advice about providing skin to skin at home?
* Did someone help you with skin to skin (did it for you, helped with positioning, did your chores)? Who? How?
* How would you convince a friend to try the practice

**If no:**

* What was your main reasons for not doing this?

**Theme 9: Post Partum Period**

1. Tell me about care of the mother in the post partum period: did you receive any advice. If yes what?

* Have you started doing household work?
* When will you start?
* Is there anyone to help you at home?
* What kind of family support do you have?
* Where do you go for urination, defecation, bathing?
* How far is the toilet from your room, house?
* What do you do the whole day? Describe?
* Who takes care of your other children?

**Theme 10: Aspirations for child**

1. What are your aspirations for your child?

* Probe for what in the child is most important for the mother, what she wants to see in her child, is it health, well-being, education, career etc.