Points to be discussed on pregnant mother forum

 Kangaroo mother care

 KMC( Kangaroo mother care) is care of LBW/preterm neonates skin-to-skin contact with the mother. It is given to those neonates born preterm(<2kg)as well as full-term babies with <2kg birth weight .

*Advantages of KMC*

* Increase mother to baby bonding
* Initiates early breast feeding
* Prevents hypothermia
* Prevents infection
* Prevents hypoglycemia
* Shorten hospital stay
* It doesn’t cost money
* Decreases maternal stress

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